

Live Well La Pine Meeting Agenda
September 22, 2026
Deschutes Library La Pine
Noon to 1 pm
Agenda



WELCOME

FOCUS AREAS:

- Get Nourished- Olivia Shields
- Get Knowledge- Tracey Taylor and Katie Ahern
- Get Outside – Zachary Koepke
- Get Together – Rya Rennwald

ACTION ITEMS:

1. Newberry Country Food Bag Project Update: Tracey Taylor and Olivia Shields
 - Updates- new bags, funds
 - How do we keep track of the bags? Google Form.
 - Website
2. Resource Fair and/or Walk Run in August or September Participation
 - Lead needed
 - Have not heard of anything. Danielle White is leading but we have not heard of anything.
 - September 30th Wednesday 2 pm to 6 pm. Walk or run and resource fair on school district grounds. On track of high school. Green bag fill the bag or unfill the bag or guess how many cans in the bag game.
 - Kathy ordered a tablecloth
 - Newberry Country Partnership has a tent
 - Some items will be stored at St Vincents
3. Ask St Vincent de Paul for storage or la pine parks and rec ask about hours.
4. NAMI Walks
5. Marketing form

COMMUNITY UPDATES AND EVENTS

South County Non project meet and great at La Pine Activity Center, 4:30 – 6:30 October 21, 2026

Sunriver September 26th October Fest

Nutrition Consortium November

Let's set calendar events!

StrongPeople Training – Another session of virtual training for the StrongPeople exercise leaders will be available on Saturday, December 5th from 9 am to 2pm. If interested, they would like you to attend the full session. During the class, you will be moving and practicing exercises, so wear comfortable clothing and set up in a space where you can move freely and see the screen. A laptop or tablet (not a phone) is strongly recommended.

Registration Steps:

Create an Account on the StrongPeople website: <https://strongpeopleprogram.org/newaccount/>

If you already have an account, Register here: <https://strongpeopleprogram.org/registration-for-strongpeople-strong-bodies-leader-training-virtual-or-december-5-2026/>

This link walks you through a two-step process to create a profile on the National StrongPeople website and register for the training. It takes a few minutes but just follow the prompts and you'll be all set. Contact [Lauren Kraemer](#) if you run into any issues. Note: Having an account on the National StrongPeople website will allow you to access leader resources, tools, videos, printable forms, etc. that are not all housed on the OSU Statewide StrongPeople website.

Cost is \$210/per person. This cost covers the \$210 printed toolkit from the National StrongPeople program. If you will be sharing a toolkit with another leader or previous trainee and do not need your own, please indicate that in an email reply. Work with your county Extension Faculty or StrongPeople program leader to pay this fee or to access your toolkit; it may be covered by grant funds or local program dollars--please ask if you have questions. Training fees are waived if re-taking the training as a previously trained leader.

Registration Deadline: Friday, November 20th, 2026

NEXT MEETING: October 27, 2026 (November 24, 2026)

UPCOMING EVENTS: Resource Fair

Meeting: Fourth Tuesday of every month

MISSION STATEMENT: Building community engagement through access to nourishment, knowledge, outdoor activities, and being together, serving southern Deschutes and Northern Klamath Counties.