

Live Well La Pine Meeting Agenda
February 2026
Deschutes Library La Pine
Noon to 1pm
Meeting Minutes



Attendance: Megan Lindley, Olivia Shields, Tracey Taylor, Kathy De Bone, Sarah Cochran, Michelle Rhoads, Mindy Laidlaw, Rya Fennewald, Sandra Eisenlohr, Zachary Koepke, Andrew

FOCUS AREAS:

- Get Nourished- Megan Bauer
- Get Knowledge- Tracey Taylor and Katie Ahern
- Get Outside – Zachary Koepke
- Get Together – Rya Fennewald

COMMUNITY EVENTS (added to calendar on NRP website)

- Grange has partnered with Parks and Rec to take on the green house at Rosland Park; more to come on this
- St. Charles/Stroke Awareness Oregon:
 - Lead with a Purpose May 5th 4 pm at Tetherow
 - Walk and Roll (with OSU) 5/18 at OSU Campus
 - Sponsoring the Rhubarb Festival (June)
- LPCK
 - Still open M-F 7-10:30 for continental breakfast
 - Planning to open school-based pantry to the public on Wednesdays (TBD on start date)
 - Capital Campaign Fundraiser 5/30
 - Work Source Van every other Wednesday 10-3 starting 2/25
- SCC:
 - Non-profit speed dating event 3/18 4:30-6 pm at Legend Cider
- School District
 - 4/15 Train the Trainer Program- for PE teachers and other school-designated staff and school/community volunteers who will in turn, train students on bike and pedestrian safety (Partnered with ODOT: [Jump Start - Oregon Safe Routes to School](#)); if interested, contact michelle.rhoads@bend.k12.or.us
- La Pine Community Health Center

- Diabetes Prevention Program: classes start on 4/2/26, interested participants can call Megan at 541-876-1848 or use the link to sign up: <https://www.compasshp.org/workshops/registration/18726>

COMMUNITY UPDATES

- Newberry Regional Partnership/South County Collaborative
 - Funds raised for pre-apprenticeship program!
 - Goal is to pursue sustainable funding to offer on an annual basis
- South County Collaborative
 - Planning a career exploration lunch with middle schoolers and looking for adult volunteers (Sarah will send email with further information)
 - Also looking for volunteer greeters for the high school Tuesdays and Fridays from 8:15-8:45 in the hopes to expand to other days of the week
- IYS Klamath Falls (Melinda Austin):
 - Newly opened maternity group home
 - Youth shelter for homeless and runaway youth
 - Transitional living program for kids aging out of foster care system
 - Contact: 541-882-2053
- ODHS
 - Emails went out in error regarding summer EBT- participants can contact the office with questions
 - ABOD- required to volunteer, be working or searching for a job to qualify for SNAP Benefits

ACTION ITEMS:

1. Newberry Country Food Project
 - a. 1st donation drop off is 10 am this Thursday February 26th at the La Pine Community Kitchen.
 - b. Remind coordinators that whoever is delivering the donations needs to get the weight of their donated bags before leaving.
 - c. Ideally, bags are being replaced/returned same day to donors. Megan has 9 bags in her office- do we have more floating around? How can we go about procuring more?
 - d. Here are the links for the online forms to be filled out:
 - i. **Donation Tracking Form** – This form is used to record the number of green bags collected and the pounds of food donated. https://docs.google.com/forms/d/e/1FAIpQLSff15YDPlzeprCf9w-_xkPQho2vVAppjWpL1xJaHq21Fd7xuw/viewform?usp=header

- ii. **Organizer Information Form** – This form captures basic details about each Project Organizer and the organization they represent. https://docs.google.com/forms/d/e/1FAIpQLScmJI6UhkQm1KUM-o81Yv50Rs2dapbvW_iax-RfBcPVOVrxhA/viewform?usp=header
 - e. Press will be onsite to cover the event- exciting!
 - f. Potential Partners:
 - i. Sandie to type a letter to recruit local churches and Band of Brothers
 - ii. Olivia will talk to Cross Point and Wells Fargo
 - iii. Danielle has also recruited her Bible study o participate
 - iv. Sandie/Olivia to reach out to Pastor Norm re: advertising on his radio broadcast
2. Volunteer Fair
- a. Scheduled for April 30th from 12-2 at the La Pine Library
 - b. Thanks to Danielle for volunteering to be part of the organizing team!
 - c. Rya and Danielle could still use additional help. Please let Rya know if you are able to assist in any capacity!
 - d. Andrew from Camp Fire is looking for volunteer opportunities for youth involved in Camp Fire
3. NAMI Nature Walks
- a. Zach has connected with Devon at NAMI- more to come
4. Cooking Classes
- a. Mindy and Carlos with St. Charles will be meeting this Thursday to discuss a grant opportunity to provide a healthy cooking class that will be paired with the Stroke 101 Prevention Program
5. Youth Mental Health/Suicide Prevention Discussion
- a. Boardhouse provides free skateboard lessons to kids, looking to potentially open a skate park in Bend
 - b. Deschutes County Suicide Prevention Group- can provide gun safes and cable ties for weapons (Tracy has some of these cable ties).
 - c. Guns to Gardens- decommissions guns and turns them into a garden tool- may be appointment-based at the moment versus event based (Amanda)
 - d. QPR Training: perhaps the library could host a training? (Tracy) [QPR Institute | Practical and Proven Suicide Prevention Training QPR Institute \(en-US\)](#)
 - e. Deschutes County Behavioral Health sponsors Sources of Strength in the middle and high schools- may be more geared toward beginning of the school year (Sarah): <https://sourcesofstrength.org/about/>
 - f. Lines for Life/YouthLine for peer-to-peer support- this is being done in Warm Springs and Madras, could be a good option here (Zach): <https://sourcesofstrength.org/about/>
 - g. The Happy Brain w/ Scott Crabtree: St. Charles is sponsoring talks and could sponsor a talk here at the Senior Center (Mindy): <https://www.happybrainscience.com/>
 - h. Could we put together an event that might bring these resources together??
 - i. May is mental health awareness month and September is suicide prevention month
 - ii. “Tent-talks” similar to what CCOTM put together for their cancer event might allow for more engagement with less stigma associated (Sandie)

iii. ODHS has some suicide prevention swag that could be used for tabling if needed (Tracy)

e. Another resource: [Guns to Garden initiative](#) & [appointment request form](#) . This is not a buy-back program as there is no transfer of ownership, but they do offer grocery gift cards depending on the firearm type.

6. Next Month: Community member involvement

NEXT MEETING: March 24, 2026, (April 28)

UPCOMING EVENTS: Volunteer Fair in April (Rya), Newberry County Food Project (continuous)

Meeting: Fourth Tuesday of every month

MISSION STATEMENT: Building community engagement through access to nourishment, knowledge, outdoor activities, and being together, serving southern Deschutes and Northern Klamath Counties.

Meeting Adjourned at 1:00 pm