

Live Well La Pine Meeting Agenda
January 27, 2026
Deschutes Library La Pine
Noon to 1pm
Meeting Minutes



Attendance: Katie Ahern, Megan Lindley, Amanda Singh, Danielle White, Echo Murray, Kathy DeBone, Michelle Rhoads, Mindy Laidlaw, Olivia Shields, Rya Fennewald, Sandra Eisenlohr, Zach Koepke

COMMUNITY UPDATES AND EVENTS

Michelle Rhoads: BLSA Active Transportation Coordinator. Please see the attached documents for the February 4th Walk and Roll event at La Pine Elementary School. Please distribute to your partners and organizations. You can email Michelle directly at michelle.rhoads@bend.k12.or.us for more information. Other events planned include April 10th walk or roll to school day; May 6th May Challenge with the sheriff's office.

Megan Lindley: La Pine Community Health Center. Megan is starting a new diabetes prevention group on Thursdays. This is a one-year commitment at no cost to the participant. Reach out to Megan for more information at mlindley@lapinehealth.org.

Danielle White, Family Engagement Specialist for the Bend La Pine School District.

Amanda Singh, HDEFA Food Access Coordinator. HDEFA is currently accepting applications for its food security advisory committee, due by February 2nd. Please see the attached information.

Zach Koepke, 211 Community Engagement Coordinator. Working with WIN to get an indoor/outdoor skate park in town. The goal is to have the project under construction by 2028.

Love, St Vincent de Paul. Community showers are available on Tuesday and Thursday from 10 am to noon. Please have folks call and schedule their 30-minute appointment. They are hoping to get another food truck to serve the Gilchrist area.

Sandy Eisenlohr, The Grange. As always, there are lots of things going on at the Grange. Sew for a Cause is happening. People are busy making blankets for babies and totes for the Shepherd's house. Currently, the team is trying to secure an MOU from the school district to finalize the Rosland garden. They hope to offer classes or day camps in the summer. All the information will be posted on their website.

Olivia Shields, La Pine Community Kitchen. Currently, the warming shelter is open from 7:00 am to 10:30 am. She is also working with the Gilchrist School to get a backpack program and a pantry. They are also starting to participate in the youth-on-the-job program.

Rya Fennewald, Deschutes Library Community Librarian. Rya is starting to plan the volunteer fair for our area in April. If you are interested in supporting her, please contact Rya at ryaf@dpls.lib.or.us. She is expecting two to three meetings in February and then support on the day of the event. Someone suggested having youth help from the high school, as some students are required to volunteer.

Kathy DeBone, NRP. Get ready for fire season. The Defensible Space Action Team is sponsoring a Wildfire Preparedness Fair on April 26th from 9 am to noon at the La Pine Community Center. FREE to attend. Contact Heather Miller for more information at heather.miller@osfm.oregon.gov

Echo Murray, Gilchrist, and Crescent. The farmers' market is still going, but indoors for the winter. They plan to have the market again this summer.

Sarah Cochran, South County Collaborative. Sarah is working to establish a robust internship opportunity for our high school students. She is also working on having an apprenticeship program for graduating seniors in collaboration with COCC. Students will earn several types of certifications, work 120 hours on a habitat house, and receive college credit. Reach out to Sarah for more information. On March 18th, from 4:30 to 6:00 pm, they will host a community partner speed-dating event to connect nonprofits and businesses. This will happen at Legend Cider.

FOCUS AREAS:

- Get Nourished- Megan Lindley
- Get Knowledge- Tracey Taylor and Katie Ahern
- Get Outside – Zachary Koepke
- Get Together – Rya Fennewald

ACTION ITEMS:

1. Stroke Awareness 101 event recap. The event drew 27 folks, and Stroke Awareness 101 delivered a fabulous presentation.
2. Our logo is ready to go and we have it on our website page downloaded for all of us to use.
3. Newberry Country Food Bag Project: Tracey Taylor and Megan Lindley.

Thank you, Kathy, Olivia and Sandra, for pulling together the new cards and getting the bags distributed to folks. We are moving forward with bag distribution and have several organizations collecting food for our first pick up in February. Please see the attached flyers.

4. Next Month: Community member involvement
5. Next Month: Let's set calendar events! Any community ideas that we can participate in or deliver?
 - a. Ideas for Get Outside spring events
 - b. Ideas on how this group can support the youth's sense of belonging (aligned with suicide prevention). Ideas include social media responsibilities.
 - c. Cooking classes at the middle school with the South County Collaborative or the Activity Center with Mindy?

NEXT MEETING: February 24, 2026, (March 24)

UPCOMING EVENTS: Volunteer Fair in April (Rya)

Meeting: Fourth Tuesday of every month

MISSION STATEMENT: Building community engagement through access to nourishment, knowledge, outdoor activities, and being together, serving southern Deschutes and Northern Klamath Counties.

Meeting Adjourned at 1:05 pm