

La Pine "Health and Wellness" Group

July 23, 2024

Deschutes County Library, La Pine

Meeting Notes

Attendance: Katie Ahern, Megan Lindley, Brandi Borton, Amanda, Rya,

Welcome and Introductions

1. Update on Newbery Partnership from Courtney
 - a. Official nonprofit!
 - b. Working on building a strategic action plan- need a few more meetings to do this, and then will start having more public meetings.
 - c. Community engagement is strong.
 - d. Community meeting happening on Monday regarding safety/Darlene Three Fire- Kathy Debone working on that so is not here today.
2. Megan introduction of Courtney
 - a. Brief background of our group by Megan
 - b.
3. La Pine Community Health Center Update from Courtney
 - a. Seems like our group might be a great fit
 - b. Not sure if they can be a fiscal sponsor and be a "pass through" for grants
 - i. As a fiduciary sponsor i.e. Newberry Partnership and COIC
 - c. Will get more information today and be able to better explain to the CFO
 - d. Need to consider who at the Health Center would be in charge of helping to manage this oversight of the grant.
 - e. Suggested St. Charles Community Grants for future funding- being active focus
 - f. Courtney is very "pro" this happening, we just need to make sure to get the CFO on board- Karen

What are we asking of the Health Center?

- Website development and management
 - New website for clinic through web developer in Bend
 - Would be a cost for initial build
 - Own website that links through the Clinic website, so it can be accessed externally
 - Fairwell Media- Kevin and Team
- Manage the grants- Fiscal Sponsorship (we could track the money, but need it housed somewhere else)
 - Courtney and Megan will plan a meeting with Karen and explore a bit more about the possibility of being host organization.
- Shared information with her about some of the projects we are aiming to address- food access and security, community fitness activities, address social isolation.
- Courtney understood and liked "SoKo"
- Explained the sticker voting
- Deschutes Land trust did come to a chamber meeting and did a survey about Community Needs. Have not seen the results.
- The City does want to install benches along the new walking path.
- 20 year plan with the city- more protected walking and bike paths

4. Contact link: <https://oregonstate.box.com/s/hybf342hraq2iwoz37uk2oow5zt6xb6>

Please add contact names to this spreadsheet.

5. Funds from the Food Systems Group: Amanda
 - a. \$2,400 in the account to spend by May or June of 2025
 - i. For food access projects
 1. Maybe Fall Festival?
 - b. Additional \$160 for meeting expenses
 - i. Possible snacks or lunch for September meeting- Amanda and Brandi will work together for this
 - c. Feast Grant was brought up – application due September 15
6. COHC possible funds for the website- might have funds. Katie will draft email and share with Megan to get the request started. Megan will reach out to Fairwell Media to get rough quote for the request.
7. Name and mission statement (Get Nourished, Get Knowledge, Get Outside, Get Together)
Gather SoKo: Building community engagement through access to nourishment, knowledge, outdoor activities, and being together; serving southern Deschutes and Northern Klamath Counties.
 - a. How people feel about the name? Maybe not resonating. Is the focus just La Pine?
 - i. Rya- makes sense to start small
 - ii. Tagline- Southern Deschutes or La Pine?
 - iii. Workshop names at September meeting.
8. September Meeting
 - a. What should this meeting look like
 - i. Food Access Project ideas to spend the \$ on – Get Nourished Gather input
 - ii. Sticker Voting on final name
 - b. Who are we going to invite?
 - i. Contact form to put names is:
Contact link: <https://oregonstate.box.com/s/hybfb342hraq2iwoz37uk2oow5zt6xb6>
 - c. How do you want to structure the meeting?
9. Next Steps
 - a. Invite Deschutes Land Trust to our next meeting. Rya will work on inviting them to the next meeting. We want to know what their plans are for La Pine.
 - b. Future Work-
 - i. mission statement for each section
 - ii. lead people or committee for each section